

Verification of the Educational Programme for Swimming Instructors Working with the Disabled

The aim of my work is to verify the quality of the didactic method used in the training program, which has participants at the elementary level to prepare for the role swimming instructor for the handicapped. This is a specific area richly entwined interesting, sometimes seemingly disparate fields such as sport and disability, rehabilitation and enjoyable experiences help not in the sense of "charity" but rather as an accompaniment to search their maximum possibilities and boundaries with a final, unexpected profit to both sides. In this research, we want to verify that the selected didactic approach and content can interconnect areas mentioned in a meaningful whole. Whether the training conforms to the participants as an educational program where there is a predetermined learning knowledge and skills. Whether met their expectations and that they are taught content usable in practice. There is also the possibility of longer-term profit not only from the knowledge gained, but a kind of enrichment inside man through principles that are in a training program instructor communicated and that appears. I wondered also how the participants perceive teachers as speech and access to participants and trainer přednášenému topic affects the perception and memorization of lectures.

Using input questionnaires get basic data about the group, their expectations and motivations for joining the program. At the end I verify theoretical knowledge knowledge test and a feedback questionnaire to verify whether participants' expectations were fulfilled or not. Feedback questionnaires also provide information about the quality and access to teachers - teachers perceived party. Its conclusions will serve to further improve the education of disabled swimming instructor.

KEYWORDS

Didactic approach, training program, swimming instructor, swimming lessons, a person with disabilities, learning process